Job Summary

UCI Campus Recreation - WorkStrong Personal Trainer (Bilingual Required)
Salary: $25-$35/hour
Type: Part Time/Entry Level
Location: Anteater Recreation Center, 680 California Ave, Irvine CA 92617
Categories: Fitness, Personal Training, Post Rehab/Therapy, Mental Health, Stress Reduction
Desired Education: 4 Year Degree (Completed or in progress)

Employer Information

UC Irvine’s Campus Recreation is a Non-Academic Department that is part of Student Affairs. Campus Recreation programs, facilities and services are funded through student fees and operational income with the purpose of complementing the university's mission by enhancing the campus community through recreational sports and fitness activities. The Anteater Recreation Center is a 110,000 square foot indoor facility designed to house Campus Recreation programs including but not limited to; personal training, yoga, group exercise instruction, massage therapy, fitness testing, intramural sports, and club sports.

Job Description

Personal Trainers at UCI’s Department of Campus Recreation is to provide a comprehensive one-on-one educational fitness program for clients which may touch on specific areas of wellness such as, fitness, weight loss, nutrition and stress reduction. Promoting lifelong adherence to a health and fitness program through realistic goal setting and education is the purpose of the Personal Training program.

Specific Responsibilities:

- Accurately tracks client progress, information and training sessions
- Maintains client confidentiality in accordance to HIPPA laws
- Communicates client’s program progress and/or problems with supervisor

Requirements

Must speak fluent Spanish
American Red Cross CPR/AED/ First Aid
Certified Personal Trainer through accredited organization (NSCA, ACSM, ACE, NASM, ISSA)

Interested and qualified applicants should send a letter of application and resume via email to:

Kali Knapp, kaknapp@uci.edu